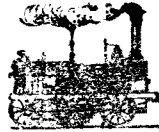


power which overcomes any situation; any individual who has enmity toward you, any distance or any time, is love. The meditation in which you seek your own God is motivated by love. The deeds you perform to help others upon your physical plane are caused by love.

Everything you do, every desire you express, every longing you feel, is caused by love, for your basic being, the eternal you, is love, love, love. There is nothing else, there can be nothing else, for God is nothing else, and all is God.

You cannot stifle love and be happy, healthy, completely alive. The suppression of love is a slow strangling of the most vital element in your nature and it kills as effectively as a knife. You might live to the age of ninety without love, but you would have been dead to all intents and purposes long before. This is not the death which comes when you change dimensions, the glorious step, but is the dreary "nothing" state of the human conception of a vacuum. Only love in some form can keep you completely alive and enchanted with life.



1
If you will add the two plus two of the facts of creation, you will find the inevitable four of the answer that since one material is available with which to make something, whatever the product may be, the material of that product continues to be what it was originally. Therefore, you were created from love, you express as love, and you will continue to exist forever as love.

Love can be distorted by the habit patterns of the human mind until the mind has persuaded itself that love is hate, but this is not true.

Many times it has been said that hate is akin to love, and these words are truth because hate is love distorted. You cannot hate. It is literally impossible to hate, because in your basic self where only love exists there can be no expression of anything except love, and when it comes forth upon the surface and you give it the name of hate, you are only deluding yourself about an emotion which does not exist.

There is no such thing as hate. There cannot be. When you react extremely to another individual, you should seek the

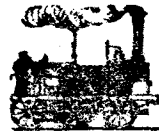
MARY: "LOVE". (1.959, 29 PAGES)

with the proper attitude, you will be filled with love the moment that understanding is accepted by you. Understanding is love ← i
This has been said before. But how many times can it be said and still be said again? You cannot say too often what is true, because the words are so inadequate they must be repeated again and again if they are to be impressed upon the mind, until it can open to the feeling from within which contains the truth without words.

*

Do you know what love really is? Do you understand that love is God and God is all? Do you understand that in those words you are reading the whole truth and that you need no other? If God is all there is, and love is all of God, then you need only to accept and express love to touch upon all of wisdom, to realize all of realization, to express all there is to express.

Consciousness of love must enter your mind, or all of the words of all of the books in the world will be empty to you. Train your mind now to accept that the definition of love with which you have lived in your lifetime as a physical being



is inadequate and incomplete.

Love is not the taking by an individual from another individual. Love is the giving of self without thought for how much is given, for what rewards will be returned.

In the joy of giving love there is no room for anything else but a complete concentration upon that which you are giving. You will have no concern for what others think of you, you will have no concern for what others do to you, you will have no concern for what others give to you, when you are expressing love in its purest form, in its true motive.

When you give to one who is in material need, if you feel a deep joy and an humble gratitude that you are privileged to share with another, you are expressing love.

When you care for a child, and you care for that child with the deepest feeling of gratitude that you are so honored to have within your responsibility the care of a human life, you are expressing love in its purest form, and you will be one of those who does not *demand* obedience, who does not *demand* anything of the child. You will

be too full of the expression of your feeling, you will be too full of your own desire to give to that child for any demand or even any wish for a return. You will not hope the child will show its gratitude as it gets older by giving you attention and by caring for you materially, for when your task is finished and the child has become an adult, you will let it go freely, grateful that you have accomplished your task successfully, and again you will give humble thanks that it was your great privilege to care for this human being until he was ready to care for himself.

If you have a task to perform and you are whole-heartedly engrossed in that task with the attitude that you want to give it your best, that it is very important in the scheme of God's creation, that it is a task which was given to you to do, you will not be concerned with what it may be, you will not be concerned with rewards you may get, because in love expression the true reward is in the moment of actual giving, of actual doing. The material rewards which might come after are very small indeed



when measured against the inner feeling of giving.

When you are with a friend and you can express toward that friend your complete acceptance of him as he is, you are giving love in its purest form. A friend does not criticize another for being or doing anything. A friend accepts another exactly as he is, and understands his seeming faults and less pleasant habits are only individual expressions of his being, and that these surface things have absolutely nothing to do with the bond which makes real friends so close. In being a friend, you have your own reward. You do not demand another be a friend to you if you are truly a friend.

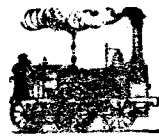
In closeness with another individual, the closeness beyond all others, you have the opportunity to give such, as will not come to you as fully under any other circumstances, because this is the opportunity, this is the situation in which, the creation God caused to exist, becomes whole again

Do not be afraid of the fact that there are two of everything in existence. There is male and there is female, and in God's

wisdom there is cause for this. How can
 * God have made any mistakes? (How can
 * anything of his creation be less than any-
 thing else?) How can it have something
 wrong with it, how can it be anything
 which is shameful or hateful, or to be mis-
 understood? For completion, there must be
 → two. Upon the surface there must be two
 of anything. Living creatures reproduce
 their like when a male and a female become
 one. Living plants reproduce when a male
 and a female plant have become one,
 through the services of the winds, the birds
 and the insects.

When in time your scientists' studies
 have disclosed the fact that (there are male
 and female rocks, that there are male and
 female grains of sand,) you will understand
 this more fully, if you wish to wait until
 this disclosure is made.

If you do not wish to wait, if you do not
 need to have physical, surface proof pre-
 sented to you by those whose studies you
 think qualify them to know better than
 you, then accept the truth now. There is no
wisdom you cannot have, because it is all



about you, everywhere, and it is free to
 anyone who cares to tap the source. Within
you is that source.

Within you is all truth, all knowledge, all
understanding, all awareness; and when you
 open yourself to it you will find it there, as
 it has always been there.

Understand love, and you have con-
 quered the world. Express love, and you
 have reached the pinnacle, the highest
 pinnacle, any human being can reach. Know
 love, and you have absorbed all wis-
 dom available to you, to any part of
 eternity.

The rest of wisdom, of understanding,
 are simply minor branches of the one great
 fact. To know how to meditate is to
 express love. To learn to communicate
telepathically is to express love. (To live in
 peace and harmony with your world is to
 express love.) To accomplish your daily
tasks successfully is to express love.

You can do nothing, you can be nothing,
 you can see nothing, you can hear nothing,
 you can touch nothing, you can become
nothing that is not love. Love is endless,

love is forever. It touches everything there is. It is everything that exists Love is all. The sooner you accept that, understand it, make use of it, the sooner you will be finished with any seeming misery you are clinging to today.

You are love. You are a wonderful person because you are love, and no matter how you have expressed in the past, what surface expressions you have made, you are expressing love, and the only reason it seems to have been anything else is because you did not understand this fact.

If you are alone among mortals, it is only because you did not understand, because you did not understand love. You are never alone within your being, and there is no need for anything else. When you can accept the love within you in its all-encompassing truth, you will lose your feelings for anything else.

When you can spend each day in constant awareness that God is expressing through you and therefore love is expressing through you, you will draw to you all of your supply, all of the individuals who



are to come within your orbit, all of the experiences you need to pass through in your lifetime to walk another step on the path of enlightenment.

Consciousness of love draws it to you as a magnet draws to itself. Consciousness of love makes others aware of you, because the love within them recognizes yours and pulls the surface being in your direction. Consciousness of love makes you a success materially, in whatever field you are meant to succeed. All are not intended to become famous in this lifetime, all are not intended to become hugely wealthy in this lifetime, all are not intended to explore the material world in this lifetime as a task to perform, a lesson to learn, a goal to accomplish.

Your goal, accomplished, will make you fully as ecstatically happy as the accomplished goal of the greatest king, of the richest tycoon, of the most intrepid explorer in this world of yours. You, individually, when you have accomplished the task which was set (by your own being before you began to express in your present physical body, will give yourself

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awareness, for awareness, once accomplished, does not require a physical action.

It does not require that you hold out your hand with a gift in it, or that you open your mouth and emit words of kindness, for awareness is the state of being, the state of being is the activity of expressing God, and the activity of expressing God is simply knowing love is you, you are love.

In the human mind some of the greatest truths of all have been confined to the smallest areas, and of all the truths which have been confined love is without doubt the most imprisoned, although it is the greatest truth of all.

You have perhaps been taught to believe that in seeking the love of another you can only expect certain crumbs because the human is incapable of complete giving of self. You have perhaps been taught that although within your heart you carry an ideal of the individual you would most like to know in intimacy, there can be no such ideal. You have been trained perhaps to believe you can only give so much, that you can only do so much and that you



should do no more because then it will be the turn of others to give to you.

This is not love. There is no bargaining, there is no holding back, there is no expectation in love. It is everything in itself, so human considerations do not enter the picture. Teach this to your mind. It is the most important lesson you can give to your human brain in this lifetime or any other.

Love will last beyond – beyond the goals of your particular lifetime, beyond the expression of your particular physical body, beyond any plane in which you may exist at future dates. Love will never stop. It cannot be stopped, and in understanding this you will never again be afraid. What

can you fear when you know you are going on forever and no other individual or thing can prevent your going on? *

Love freely, but also understand this as you do: Loving freely does not consist of indiscriminate actions toward any individual who crosses your path. You can give love in the form of attitude to some individuals, and they will understand and accept your attitude for what it is. With other

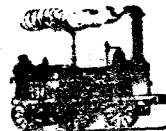
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make your own decisions with your human brain. This is why you cannot with success chart your own course through life with your human brain, and this is why you cannot with happiness allow others to have any part in the decisions you make about your own destiny.

You must allow love to take over, you must allow love to be the master of your physical being, of your life, if you would be happy.

Love is the colors which delight your eye, love is the sky which stands between your planet and the spaces of eternity. Love is the mountains which give their strength to the world, love is the sea which pounds upon the shore with a power so mighty it can be overwhelming. Love is the sands of the desert which warm the small animals by day, love is the stars which light the birds at night. Love is the moment between two human beings when in silence they can feel they are indeed one.

Love is the air you breathe, it is the ground upon which you step. Love is the food the trees and the plants produce that



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your body may have fuel with which to operate. Love is every expression in existence, and in the natural parts of God's material plane you will find love expressing itself fully. That you do not always understand is simply an indication that you have not reached a point of awareness which will make activity clear to you.

Seeming cruelties, seeming injustices do not exist because they cannot. There can not *be* evil, there can not be anything except God, therefore there cannot be anything except love. In any plane of existence, in any condition, in any activity, in any expression there can only be love.

So, open yourself to this truth. Love every part of your physical existence, not with a conscious determination that you will pretend it so you can fool God into thinking you feel love, but with the knowing that although your human mind does not understand the motives for being where you are and what you are at present, the motives are based upon pure love.

Love everyone with whom you are in contact, not with a fawning air materially,

not with the surface attitude that, regardless of what these individuals do, they are acting in pure love, but with the *understanding* that, if their actions toward you are not pure love in reflection, they *are* expressing love, ⁵⁰⁷ with an unknowing activity, a distorted reflection, which will in time be changed to an undiluted channel of the great God himself, when their understanding reaches that point of acceptance.

Love without demand and love constantly. Love so you yourself may be what you are supposed to be, so that you may become everything that you long to become, so that you may (experience all you are meant to experience) and can therefore write a successful, triumphant finish to your earthly tasks when this lifetime has come to an end. And when that time comes, you will go forth from your physical body with love, in which there is no room for fear or hesitation. You will enter the consciousness of the next plane awaiting you with complete love, knowing love is what you are, love is what you do, love is everything you feel.

Love thy God beyond all others, because God is you, God is love, God is all things in his own being. He is the core of all that ^{T.A.} is, so love God beyond all others. Love him in the midst of your mortal misery if you have seeming misery, until your understanding overcomes the attitude you have had and you realize you do *not* have misery, that all is well with you.

Love God when you must toil at hard labor, so you can reach the understanding it is *not* hard labor and it is not toil, but you are expressing in an activity, a giving for some purpose which will benefit others

When everything seems to have gone awry, love God, because in seeming distortion of events, your love will clear the way for you to see through that distortion and there will be nothing wrong.

Love the Creator for the beautiful blue of the sky and the pure whiteness of the clouds. Love your Creator for the trees reaching toward heaven, for their soft swaying and dancing. Love him for the winds that make the trees dance, for the sound of the music in the winds, for the



freshness they bring. Love him for the loveliness of the flowers, for the countless colors of his nature, for the birds and their singing. Love him for everything in your life, for in love you are blessed in the midst of poverty, you are protected in the threat of danger, you are rescued from the mires of anything by your Creator.

Love, love, love. It is the key to riches beyond your knowing, it is the answer to every question, every lack, every search of the material being. Love, and you will be filled with a glow that you can feel. Love your family, your neighbors, your fellow workers, strangers who pass by. Love your self, not in egotism, but in humble wonder that you, too, are a marvelous mechanism made by the One who created all things.

S.E.

Seek to know love, and soon you will find love has discovered all of your secrets. Open yourself that love may come to you and soon you will find love was within you all the time. Love as if you would never again have the opportunity to give of self, love as if the heavens would fall any moment if you did not.

causes beyond the surface, because what seems to be upon the surface cannot be the truth if your emotion is one of hatred. It is an imitation emotion, a synthetic expression which has no existence whatsoever except as you imagine it to exist.

When you react with resentment to what another has said or has done, apparently, to you, you are not really reacting with resentment but you are reacting from a motive of love. If you will seek beyond

o your seeming resentment and find understanding of the other individual's motives,
o you will find you have erased the supposed
o resentment and understanding has taken its
o place. What is understanding except love? ← i

If you are afraid at any time, you are simply unknowing of the truth that there is nothing to fear, there can be nothing to fear, because all things are love. Seek beyond that fear, seek to understand what it is you think you are afraid of, and why you think you are afraid, and you will come—again—to understanding that you have passed beyond the fear, which never even existed, and you are reacting with love

