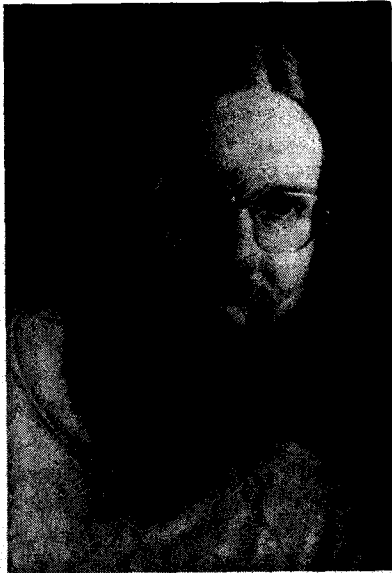


ABOUT THE AUTHOR
D. R. BUTLER was born in Vicksburg, Miss., in 1945. After studying literature, psychology and philosophy at Millsaps College in Jackson, Miss., he became editor of a chain of men's magazines. Since 1970 he has been a free-lance writer, primarily in the areas of occultism, mysticism and the interrelationships between men and women. His articles have appeared in such varied publications as "Pageant," "Penthouse Forum," "Sexology" and "Writer's Digest."

After moving to Forest Hills, N.Y., in 1968 and at the request of Swami Muktananda, he and his wife started the Queens Siddha Yoga Meditation Center in their home.



As you THINK, So you ARE

By D. R. Butler

You can achieve whatever you desire by conscious mind control. These principles of creative thought power never fail.

WHEN I was 14 I read my first book on creative thought. It was titled *The Secret of the Ages* by Robert Collier. I'd never read anything like it before and I thought it was wonderful. The idea that I could control my life by controlling my thoughts was, I believed, no less than miraculous.

At the age of 16, in 1961, an ad in *FATE* led me to my guru, Dr. Hugh G. Carruthers, founder of the Theological Science Society, who began through a series of correspondence lessons to teach me the intricacies of thought

control. This knowledge has affected my life to such a degree that any opportunity to lecture or write about it gives me happiness. I love to see the light in another's eye that shows he, too, understands what this means.

Perhaps my life has not been perfect by anyone else's standards but by controlling my own thought processes I have pretty much achieved all I personally desire. My disappointments and failures have been due either to a lack of sufficient desire or to the misapplication of the power of creative thought. For the most

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taking all the courses in the world will not change your life one iota if this knowledge is not consistently and persistently applied in principle. Only when knowledge is used does it translate into power.

To secure personal power you first must realize that all power lies within yourself. The great majority of persons have no power because they search for it outside themselves. As long as you believe that power is in others or in the world around you, you will be unable to deal adequately with the problems and obstacles that arise in life.

The Great Law of Life, so meaningful for me and my loved ones, is that man is spiritually and mentally One with Omnipotence — which means All Power. Omnipotence is known to man through mind. The vibration of mind in motion is recognized by the individual as "thought." Thought is the only activity Mind possesses and consequently is the only power known to man. All forms of physical power are manifested effects of thought power.

My guru Dr. Carruthers defined the Law of Cause and Effect in this way: "For every condition and experience in the life and affairs of the living individual there must have been a cause in thought; and for every thought

there must eventuate a result or condition identical to the nature of the thought which compelled it."

Conscious thought impresses the subconscious, which compels actions that eventually lead to the corresponding effect or result. We cannot think one way and act another. What we think will cause us to act in ways that will embody and reflect our thoughts in the circumstances of our lives.

The Law of Cause and Effect is deceptively simple — particularly to the intellectual. Perhaps it would command more attention and respect if it were more complicated. As it is, the average person is apt to read it over and perhaps nod in agreement, without recognizing the truth that *this is the great secret to controlling every single aspect of life.*

Just the fact that you are reading this article is the effect of a combination of thoughts. First you thought to buy this magazine, which has come into your possession as a result of your desire. Now the "thought" of seeing what this article is about has caused you to read this far.

If you will glance up from this page and look around you for a moment you will see that your present environment is the result of your past habitual and pre-

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part, however, I am extremely happy with the way things have worked out for me.

I have "visualized" myself into (and out of) the college of my choice and the job I wanted. Finally I have "created" a life as a full-time free-lance writer — an old dream which everyone who knew me said was impossible.

I was lonely but held onto the "thought" of being married to the perfect wife. I met her under quite extraordinary conditions, more than 2,000 miles away from where I first thought of her. Together we have visualized and manifested a perfectly harmonious marriage — physically, emotionally, mentally and spiritually.

My wife, using the process of creative thought, left her job as a secretary and within six months was a successful free-lance writer like myself. Everyone who knew her finds her instant success almost unbelievable. Except for an occasional personal letter she never had written anything before in her life.

My wife and I have "visualized" success, achievement and happiness for friends and relatives also and by sharing our knowledge with them have seen phenomenal changes take place in their lives as their innermost desires have become realities.

These examples are meant only to show what anyone can do by applying the principles of mind control. It takes no talent, skill or specialized training. There is no such thing as the inability to use mind power to attain a desirable goal. All achievement, even in the realm of the "miraculous," is the result of applied principles which never fail.

It is my intention to share this knowledge with anyone who will use it.

It does not matter whether you "believe" in creative thought power or not. Whether you agree or disagree in theory, results will be forthcoming if you correctly apply the principles. And in turn these results will be proof of the theory. Anyone can prove for himself whether these principles work. There is no need to take my word for anything.

Even if you know about and believe in the power of creative thought there is nothing whatsoever useful about this knowledge. The only usefulness is in *applying* the knowledge. Only then are results forthcoming.

Too many people are quick to say, "Oh, I know all about thought power. I have taken such and such a course or read such and such a book. It's nothing new to me."

But reading all the books and

dominant mental attitude. If you are at home you will see that your home reflects you in every particular. The painting on your wall, your furnishings, all reflect your own tastes, which first were created in thought. If you are at your office you must realize that even your job is a product of your own imagination. If by any chance you are on a trip you first "thought" to be where you are now. All experiences and conditions must originate in thought.

The concept of creative thought cannot be a new concept to readers of FATE. But do you make the principles of thought control a moment-to-moment practice in your daily life? Do you consciously control every thought to make sure you are thinking only of what you wish to be true, while making sure *never* to think of what you don't want? Worry and fear are creative, too, you know, and by dwelling on problems and undesirable conditions you actually perpetuate them.

For some reason our vast, complex educational system never teaches us that thought is creative. In college, studying philosophy and psychology, I crammed my mind with information, facts and theories on every subject under the sun — but never once was I told by a teacher or professor that con-

scious thought is creative mind power in motion, that my thoughts determine the conditions, circumstances and experiences which I will meet in life. Isn't it strange, even sad, that the intellectual community seemingly should be so ignorant of what is in reality the first law of life?

This fundamental principle should be the first thing any parent teaches a child. I cannot tell you the pleasure I felt the first time I heard a mother say to her child (in this case a five-year-old daughter), "Now, honey, whatever you think about is going to come true, so make sure you think just of the things that feel good and make you happy." And the child said, "Yes, Mommy."

She is a happy contented child whose subconscious is being skillfully prepared for a beautiful life. She already was in touch with the only power in existence — the Infinite Power Within which becomes manifest through the conscious thoughts of the living individual.

It does not matter how deeply interested you are in advanced theories or principles of the occult. The yogi who raises his kundalini must first conceive of this process through creative thought. The professional psychic who is open to the flow of intuitive guidance first must dis-

cipline his conscious mind to receive knowledge from within. All occult phenomena, the mysterious powers of all Masters, Adepts and Sages throughout history can be apprehended through and by applying creative thought power.

Creative thought power is the basic principle behind all esotericism — but to attempt more advanced work before mastering your conscious thought processes will be in vain. You must return to the beginning in order to work

through to the end. Nothing is possible until your creative thought power is under perfect conscious control; once having mastered this control, you will discover that nothing else is necessary.

This is the secret to being, doing and having whatever you want in life — whether of a material or a spiritual nature.

You are what you think you are. If by any chance you think you are an exception to this I'd like to hear about it.



TELEPATHIC FISH STORY

By Margaret Armstrong

AS A professional salesperson I travel a great deal. Whenever I am near the coast I stay on the beach if possible as my favorite pastime is walking along the beach at night and observing the fish as they swim close to shore.

On my first night in Sarasota, Fla., in October 1973 I noticed a large black fish I did not recognize swimming in the waters of the Gulf. It swam too far out for me to get a good look at its shape. At the time I had just begun studying telepathy and I saw this as a good opportunity to test my abilities. I tried to contact the fish; for 30 minutes I beamed my thoughts toward the dark object out there in the deep water. It had moved a little closer by the time I stopped.

The next time I saw it again and again called it mentally. When it came close to the shore

I asked it to show me what kind of fish it was. At this moment it turned its nose up in the air and showed its flat white belly before swimming away. I could see it was a stingray, probably a manta.

The following evening I repeated the experience and it came so close that I could have touched it if I dared. I noticed another animal farther out and asked it if that was its mate. It lifted its head out of the water and glided over to the other fish, then right back to shore. I talked about how pretty it was and that I would return the next night.

Every evening I talked to it and soon it was joined by its friends. On my last evening four stingrays lay in the deep water watching. I said good-bye and my friend jumped out of the water one last time, then slipped away.